



## In the Time of Covid-19

- **Mask:** Wear mask or gaiter if you are going to be closer than 6' from anyone. Keep one on you at all times.
  - You can take it off (or pull it down) once you are off the dock in a single.
  - Wear a mask in a team boat with non-family members.
- **Dock:** Please do not linger at the dock. Launch and in reverse get out of your boats quickly and off the dock.
  - Ideally only 2 boats (on opposite sides) on the dock at a time. If someone is coming in when you are launching, communicate.
- **Cleaning:** We will have spray bottles with disinfectant; disinfecting wipes, and hand sanitizer in one cubby along with paper towels and rags. Put used rags in dirty rags bag.
  - Sling your boats, spray and wipe all club boats inside and out after rowing. For now no hot seating. (Any virus on the boats or covers should be eliminated by this and sunlight in a day.)
  - Wipe down oars with disinfectant wipes, especially the grips.
  - Wipe down PFD's. Regular rowers are encouraged to purchase their own PFD's. (Many have. Many boating companies and USRA sells them.)
  - We will try to spray clean common areas daily: Table, Podium, PFD box, cubbies.
- **Shed:** Only one person in the shed at a time.
- **Boat reservations:**
  - Sign out boats. See the google.doc sheet. ([www.friscorowing.com](http://www.friscorowing.com) if you lost the link). Start times are 6:00, 6:30, 7:00, 7:30, 8:00 and 8:30 start. Write arrival time next to your name.
  - 10 sign-ins/time-slot.
  - Row with a buddy and help carry boats, if need be. (Our dock is very close by. You can also still beach launch if that's easier)
  - Private boats are on their own but stagger times e.g 6:15, 6:45, etc.
- No more than **10 people** on-site at a time.
- All shells should be off the water by 9:30 and everything cleaned up and the center vacated by no later than 10:00 am. (After 10 the marina gets very busy and the parking lot fills up.)
- **Please do not come to the center if you have a fever and are feeling sick**