



Newsletter of FRC



PO Box 4541 Frisco, CO
80443
friscorowing@gmail.com

<http://friscorowing.com>
Located at the Frisco Bay
Marina, Frisco, CO

We are Ready to Row

It's been quite a process, getting the necessary permits and insurance required by the town of Frisco and DrRec. We are incorporated and are in the process of applying for non-profit status. We have a PO Box, a bank account, a phone number, a web-site, an email address. We will be getting a new banner to hang on the tent....so now we are ready to row!!

We also appreciate how much work Stewart and Bob had to do to get the boats out of storage, rigged and the tent set up!



We have our concession permit with the Town of Frisco. We will be paying 25% of regular rack fees and 6% of Gross Revenues. We have our DrRec Permit which cost us \$150 and will pay 8% of Gross Revenues. Our insurance costs were \$1,257. We paid Bob Haussman \$15,000 and owe \$13,000 over the next 3 years. This is what we need to keep operating.

Volume 2, Issue 1

June, 2009

Membership benefits and proposed programs

- Use of FRC Equipment and facilities
- Coaching with videotaping
- Brunches and social gatherings
- Monthly meetings with pot luck suppers, lectures, speakers, videos
- Regattas and informal races
- Field trips

Thanks to all who helped on the work day



We got the boats out of storage, waxed and cleaned and rigged, and wiped down the oars.

Rules and Regulations and Captains Test

Log Book.

The Log Book is in or may be on the podium. **Everyone taking out a boat must sign out and in even private boat owners. The town wants an accounting of facility use. Also if you damage a boat please make note of it in the log book.**

PFD

Don't forget to take a PFD. They are in the cooler chest by the picnic table. There are also a few seat pads for those with tender butts.

Current Members of the Board of Frisco Rowing Center

Joanne Stolen, President
cell: 732-241-8361

Tim Jenkins, Treasurer
303-475-2218

Joe Lambrecht, VP
970-262-0529

Marika Page, captain
617-642-6028

Greg Ruckman, Secretary
415-596-0193

Mike Babnik,
970-389-6064

Advisory Committee:

Hans Wurster

MJ Wurster

Bob Haussman

Stewart Voutour

Rob Garrity

Boats

We have 6 Peinerts, 2 Maas 24's, 6 Cambridges and will be picking up a WinTech double in the next couple of weeks. We also have available for club use 2 Echos and an Ace owned by Joanne Stolen. We would also love to get a quad.

The trailer rack has primarily private boats. Club boats are identified by a letter and number.

If you have a favorite boat we will have a reservation system for boats.

If you have an accident in a boat, let us know. We can do minor repairs. We have fleet insurance but you will have to pay the deductible if there is major damage.

Weather

We have one of the most beautiful places to row, but the water is cold, maybe not colder than the California coast and Maine but...

Most mornings until about 9:30, it is mirror calm, but keep an eye on the wind. It can come up quite quickly and turn into a gale in no time at all. It is best to row close to shore. If you get into trouble you can pull the boat

up onto the nearest shore. Turn the boat upside down. Most of our shoreline is near a road or trail.

If you see lightening or thunder clouds, get off the water immediately.

Row with a Buddy

It's best to go out with a buddy and keep in each others sight. You can also help carry boats. It is safer with 2 people. If you want a partner contact us at friscorowing@gmail.com and we can give you some phone numbers.

Establishing Safety Procedures/Orientation

We will shortly be dealing with safety procedures, flip tests, Captain's tests (including when new members are ready to row which boats), new member orientations, and reservation systems.

We will be scheduling tip tests in a pool.

Establishing these procedures will be discussed at the board meeting June 7th at 5:00 pm before the Pot Luck. All members are welcome to attend and we are open to suggestions for agenda items.

How Can you Help?

We will need help and participation from everyone to keep things running smoothly. We will need people at the site on a daily basis to help check out boats and help people if need be, answer questions from visitors, keep the site picked up and the grass mowed, check and clean the boats, do repairs and check rigging, help with races and the regatta August 2nd, plant flowers, bring a breakfast or organize a barbecue, do fundraisings and publicity, help organize meetings and pot lucks, find interesting speakers or movies...etc, etc...Come forth and volunteer. Many clubs require all members put in a certain amount of time or pay an additional fee.

We are open to suggestions to make this a fun organization.

Frisco Marina specifics:

The code to the bathrooms this year is 1873 - the year Frisco became a town? They are often locked before 8 am. We are welcome to use them anytime.

Visiting boats can launch **without** a Zebra inspection if they are dry. **EXCEPTION:** boats coming from Pueblo must be washed by the marina staff with 140 F water. This is free, but available only after 9:00 am.

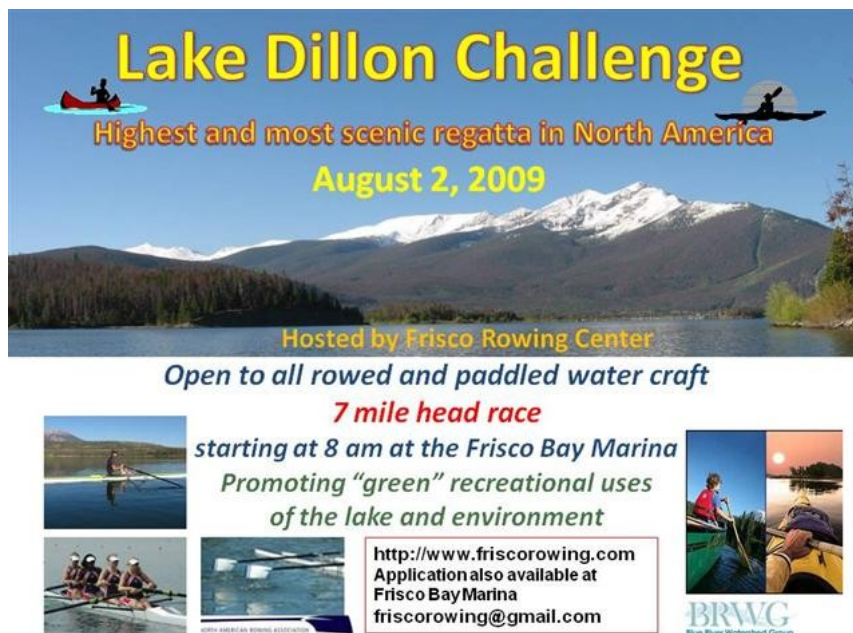
We must help Phil keep everyone off the wetlands. Phil knows that we won't try to launch there, and if he sees anyone trying to wet launch to stop them because they are rowing our equipment without permission. In return, he asks we stop others with Kayaks etc. Phil also said that Denver Water may make us take out the wood walkway shortcut we built to get to the docks. We might have to start walking boats all they way around that drainage. If you want to wet launch, do it from the cement launch pad.

Most importantly, don't let rowers park in the motorboat launch round-about. Use it only for active loading and unloading if needed.

We need volunteers to be on the Regatta Committee

This is an excellent opportunity to raise some money.

We will need a lot of volunteers for the regatta to help with parking, doing the registration packets, registering racers, timing, safety boats, setting up buoys and the course, advertising, distributing sponsorship packages, refreshments.



Lake Dillon Challenge
Highest and most scenic regatta in North America
August 2, 2009
Hosted by Frisco Rowing Center
Open to all rowed and paddled water craft
7 mile head race
starting at 8 am at the Frisco Bay Marina
Promoting "green" recreational uses of the lake and environment

<http://www.friscorowing.com>
Application also available at Frisco Bay Marina
friscorowing@gmail.com

BRWG
Blue River Watershed Group

<http://www.rowingrepair.com/>

Tim Searles of Rowing repair was here Memorial Weekend for some R and R. He will be up here from time to time over the summer and offered to send us a repair kit. He said he would give a workshop on boat repair to club members. He does an amazing job of repairing damaged boats to look brand new!

Frisco Rowing Center

PO Box 4541
Frisco, CO 80443
970-333-8320



Frisco Rowing Center is a nonprofit organization dedicated to educating and providing the opportunity for people to experience the sport of rowing. We believe the sport of rowing enhances health, and longevity. It provides unique abilities to promote personal and community growth through teamwork, discipline, coordination skills, and physical fitness. We reach out to a wide range of age groups as it a sport that many senior citizens excel in, as well as youth. We are also dedicated to supporting community and environmental organizations in promoting clean water for recreation. We do not discriminate against race, gender, or sexual orientation.

Upcoming Dates:

June 2nd- Frisco Senior Center presentation with ergometer, 6:30 PM

June 7th - 5 pm Board Meeting.
6 PM Potluck Movie Night, introductory talk/clinic on a rowing topic.

June 13th - Boulder Rowing Club and their guest coach Renee ('08 Olympics LW2x) will be visiting. They will trailer up singles and maybe big boats. Will be a great chance to meet other rowers and maybe we can mix up some team boats.

Introduction to Rowing

June 2, Pot Luck and Talk.
6:30 PM

Summit Community and Senior Center

This will include a talk and slide show about the history and health benefits and opportunities offered by the sport of rowing.

We will have a demonstration on the rowing machine and an opportunity for people hop on and learn the stroke basics.

Members are encouraged to attend and talk up rowing!

Bring a main dish, salad, appetizer or dessert or donate \$5.

Sunday night at the movies, June 7, at Summit Community and Senior Center, 6-9 pm, Pot Luck Supper and featured film: Rowing Through

Join us for a Sunday night pot luck and movie. Bring a main dish, salad, appetizer or dessert or donate \$5.

A man must decide how long can he hold onto his dream in this drama. Tiff Wood (Colin Ferguson) is a world-class amateur rower whose dream is to compete in the Olympic games. While competition is fierce and Wood suffers more than his share of disappoint-

ments, in 1980 he makes the U.S. Olympic team and is thought to be a sure thing to bring home a gold medal in the Moscow games. Political tensions heat up between the United States and Russia, however, and President Jimmy Carter announces that America will be boycotting the Olympics. Crushed, Tiff sees only one option available to him -- to train himself to beat younger and stronger rowers so he can make the team in 1984